

**Online Streaming Classes, Times Via Zoom.**

**During the lockdown & phases of returning to life as we once knew it, all group classes virtually through Zoom.**

**The full time table & details can be access on** <http://instabook.io/s2/amandaturneryoga>

**Private classes:** Great for extra attention to alignment & tailored to your needs. These can be enjoyed online or with social distancing measures outside during the summer months

* Daytime practice between 9.30am & 4.30pm – £50.00 per hour, £60 for 1 hour 15
* Evening or weekend - £80.00 per hour
* First Class must be 1:15 minutes due to consultation and level of content.
* (24 hours’ notice required for cancellation or will be charged at full price).
* Small group practice is charged per person, dependent on numbers.
* One to One private class are available outside, weather permitting under the government guidelines of social distancing.

**Corporate Classes: Great for businesses to encourage balanced wellbeing within the workplace. Yoga classes can be personalised to suit the needs of a team regularly or as a ‘one off’ introduction.**

**Please call: 07795361533 or email** [amanda@amandaturneryoga.co.uk](mailto:amanda@amandaturneryoga.co.uk) **for further enquiries.**

[**www.amandaturneryogo.co.uk**](http://www.amandaturneryogo.co.uk)

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